

What To Bring:

- Hat, sunscreen, sun glasses
- Clothes for two days (don't forget pyjamas!). It will likely be cold, so please come prepared!
- Covered shoes (& thongs if you like)
- 1 water bottle (no glass)
- Personal hygiene items (toothbrush etc)
- Sheets, sleeping bag & pillow
- Torch
- Rain jacket

We will be having a guided cave tour – please bring appropriate shoes (closed shoes) + clothing (long pants + jumper).

Medication – if your child has medication that needs to be dispensed by their leader, please ensure that it is clearly marked with your child's name as well as the medication name and dose.

Items such as cameras and spending money may be brought to camp, please note however that these items remain the responsibility of individual campers throughout the duration of the week and that Young Life Australia takes no responsibility for these items.

What Not To Bring:

- Non-prescription drugs and alcohol (anyone found with these items will be sent home at their own expense)
- Anything that you would be devastated about if it got really dirty!!
- Pocket knives, or any kind of weapon will be confiscated and not given back

As with all our camps, we ask that your teenager does not bring any technological equipment or anything that is valuable. ***Young Life does not hold any responsibility for any damage caused to personal property during the weekend.*** Once your child/ren arrives at camp, we will remove all phones and technology for safe-keeping; these also distract from the camping experience.

If you need to contact your child/ren during their time with us, please call **Heather** on 0411 874 410 if needed. They are most welcome to use our phones to call you if they need whilst they are away.